

The Shantideva Prayer

May I become at all times, both now and forever,
A protector for those without protection,
A guide for those who have lost their way,
A ship for those with oceans to cross,
A sanctuary for those in danger,
A lamp for those in the dark,
And a servant to all those in need.
As long as living beings exist,
And suffering afflicts them,
May I too abide to dispel the misery of the world.

May I be a guard for those who need protection,
A guide for those on the path,
A boat, a raft, a bridge for those who wish to cross the flood.
May I be a lamp in the darkness,
A resting place for the weary,
A healing medicine for all who are sick,
A vase of plenty, a tree of miracles;
And for the boundless multitudes of living beings,
May I bring sustenance and awakening,
Enduring like the earth and sky
Until all beings are freed from sorrow,
And all are awakened.

- Shantideva